

## Sari Vanska - Muutos

Sari helps clients create human-centric company cultures where people feel happy & thrive. Having worked for Hewlett-Packard for two decades and having experienced the world famous “HP Way” at its best, she is well positioned to show you the way!

Passionate about “helping people understand people”, building foundations for good staff & client relationships and optimal workforce utilisation – the essential ingredients for improving productivity & talent retention and eliminating employee unhappiness & stress.

She educates, equips & empowers employees to be in charge of their own mental health, happiness & productivity, and enables managers to bring the best out of their teams and themselves.

Sari introduces clients to two incredibly powerful frameworks - Human Givens & Prosci® which help us understand what people need to be happy & productive, help us focus on things that really matter to employees & the organisation, and enable us to implement changes meaningfully and effectively at an individual and organisational level.

She has Diploma (with distinction) in Human Givens practical psychology and is Certified Prosci® Change Management Practitioner.

She is fascinated by human brain, behaviour, and cognition. Interested in cosmology; was once the secretary of Bristol Astronomical Society! Dedicates much of her free time to help women live sober life. Animal lover.